Meaning swift and valued runner, the *Kukini* in ancient times took news from one Hawaiian leader to another.



**HOT TOPIC** 

International students graduate Hickam NCO Academy.

> Details on Page 4.

Vol. 11, No. 42 Oct. 22, 2004 Hickam AFB, Hawaii

# AEF commander speaks on system

By Senior Airman Sarah Clark 15th Airlift Wing Public Affairs

The effect of the expanded Air Expeditionary Force tour lengths on troop morale was a hot topic at the first-ever Pacific Air Forces Warfighters conference, held here Oct. 12-14.

The attendees, including PACAF Numbered Air Force and wing commanders, command chiefs, and other senior leaders heard first-hand how the recent extension to four-month deployments is working out.

"Airmen have saluted smartly and they're off doing their business," said Brig. Gen. Steven Hoog, Air and Space Expeditionary Force Center commander.

This new schedule offers greater AOR stability for commanders and a reduction in transportation because the Airmen are swapping out three times instead of four during the year, said General Hoog.

The deployment-length change to the AEF cycle started with AEF 1 and 2 Sept. 15.

Airmen now get four extra months at home.

"We go for 120 days now for 20 months," General Hoog said. "In terms of your life back at home, the turmoil has actually decreased because now you have a longer cycle (down) time."

The AEFC is a centralized, cross-functional, total-force team that facilitates expeditionary operations through planning, configuring, scheduling, preparing and assessing air and space forces.

An AEF assignment doesn't necessarily mean deployment, but Airmen should be prepared to go anytime during their 120-day window.

"If you're in a deployable [Unit Type Code,] you're supposed to be ready to go on 72 hours notice, regardless," said General Hoog. "If you're in a four-month window, you're supposed to be ready to go any day from day one to day 119. What we try to do is give you as much notice as we can, ideally somewhere between 30 and 90 days and tell you where you're going to go, but you're supposed to be ready that whole time."

PACAF involvement in the

AEF rotations has grown over time.

"Over the years, the PACAF units were all in a rotation, and PACAF's role and contribution to the AEF have done nothing but increase in the last several years," he continued, "all except those who are on the Korean peninsula.

"They're deployed in place. The other units are fully integrated into the AEFs."

The Air Force is experiencing many different changes in the way it handles war, including the integration of Reservists and Guardsmen, implementation of new aircraft and intermingling of the different Armed Forces branches.

The Reservists and Guardsmen "do a great job," said General Hoog. "The Guard and Reserve will volunteer to take taskings before they flow down to the active duty."

A key Air Force AEF component is the new, advanced F/A-22 Raptor.

"The AEF is a culture in our Air Force," said the general. The F/A-22 "won't change the way we do our business. We'll be able to do some things more effectively with the F/A-22.

"To the Air Expeditionary Force, it's not about iron, it's about people," he continued, with Air Force "people" integrating with the Army as never before.

Several Air Force specialties "have agreed to fill some Army requirements with Air Force blue suiters," said the general. "It's working out superbly."

Those with these specific Air Force specialties deploy for 179 days, but because they aren't trained for their specific task, these deployments are expanded by two to two-and-a-half months of training prior to deployment.

Although the general spoke at the warfighter's conference, his main purpose was to listen.

"I go to the field so I can hear the perspectives from the people who are actually doing the mission," he said. "I'm here to learn about what is going on in the different theaters of operations."

For more information about the AEF cycles visit the Web site, https://aefcenter.acc.af.mil



Photo by Mike Dey

## Art appreciation

Jeuhn Smith, 4, is all smiles as she meets Arthur during the Public Broadcasting System Kids Share a Story team visit to the base community center Oct. 15. Clifford the Big Red Dog also visited with the children. For more information on the visit, see Page 19.

# Proper counseling

# An ounce of prevention is worth a pound of cure

By Master Sgt. Chris Polzin 25th Air Support Operation Squadron first sergeant

Over the years many supervisors have come to me saying they've had it with an Airman, demanding I kick him out of the military, a disciplinary action only a commander can recommend.

When I ask what they've done to document the substandard performance, the reply I most often get is "Shirt, I have talked to him on numerous occasions and he just doesn't seem to get it."

I understand the frustration of dealing with those who don't measure up to standards, but that doesn't automatically equate to a discharge. Nor does it mean the Airman understands what's wrong. Multiple approaches to problem solving must first be tried and documented.

Counseling is defined as exchanging opinions and ideas, or giving advice or guidance especially from a knowledgeable person. This means supervisors must ensure Airmen fully understand the standards and how each individual measures up to or what the Airman must do to meet those standards.

It is also the supervisor's and senior unit leadership's responsibility to ensure Airmen understand that failure to meet established standards can, and will, lead to more severe action. Regarding counseling, this is commonly referred to as 'progressive discipline.'

Progressive discipline generally starts off with, depending on severity of offense, verbal counseling, followed by letters of counseling, admonishment, and then finally reprimand before potentially advancing to administrative separation.

Each letter should describe the offense, the desired outcome of the counseling session, and timeframe to come into compliance. The counseling should end with both members endorsing acknowledgment of the issues addressed.

Failure to meet the stated counseling objective is reason enough to accelerate to the next level of counseling. If all levels of counseling are exhausted without reaching the desired outcome, send it up the chain for advice on how to proceed.

The Airman needs to acknowledge the wrong doings and accept

**Getting** a LOC, or higher, doesn't mean it's the end of the world. It's an opportunity to learn from those mistakes and become a better Airman.

> Master Sgt. Chris Pozin 25th Air Support Operation Squadron first sergeant



responsibility for those actions. Getting a LOC, or higher, doesn't mean it's the end of the world.

It's an opportunity to learn from those mistakes and become a better Airman. Mistakes can be disastrous only if people don't learn from them.

If the Airman learns from the counseling, then it was simply a valuable lesson learned and no further action is required other than periodic follow-up.

I also tell supervisors that they need to be a part of the solution, not the problem.

I challenge them to set high standards for their people to follow, and monitor them for compliance. Motivate subordinates by providing opportunities for them to excel, and praise superior performance.

Know what motivates them and keep lines of communication open. Combined with swiftly addressing and documenting sub-standard behaviors and standards prevents serious performance or behavioral breakdowns in the future.

Most importantly, no matter what the situation, people still deserve to be treated with

Treat people the way you want to be treated and not only will your frustration level go down, but you'll gain more respect than with any other approach.

### Action Lines



Col. Ray Torres 15th Airlift Wing commander

The purpose of the Action Line is in its name it's your direct link to me so we can work as a team to make Hickam a better community. It also allows you to recognize individuals who go "above and

beyond" in their duties – and we all know there are plenty of those folks here. All members of Team Hickam are welcome to use the Action Line, however, I urge you to give the normal chain of command the first crack at resolving problems or issues. It's only fair to give our commanders and managers the first opportunity to work issues under their responsibility. If you have done this and are still not satisfied, give my commander's Action Line a call. If you want me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I'll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hickam.af.mil.

#### Nimitz School gate concerns

Comment: I am calling in regards to the Nimitz School gate being closed this morning. I called security police to find out why and was told a parent had informed them the Nimitz School

was closed for the day, therefore they didn't open the gate. It concerns me the gate was closed because the Nimitz School was closed for the day. My children and many others attend one of the other schools outside this gate and have to access the Nimitz Gate to get to their school. The gate should not be for Nimitz School children only, but for all the children who attend the schools in that

**Response:** We apologize for the gate not being opened on the morning in question. Unfortunately, security forces was informed by a parent that Nimitz School was closed for the day, therefore there wasn't any need for the gate to be open. Unfortunately this was never verified through the proper channels and the gate was secured. As you know, there are several schools who use this gate and the only school closed for the day was Nimitz Elementary. We apologize for any inconvenience we might have caused you or anyone else. Should you have any future concerns don't hesitate to call the security forces operation section at 449-2200.

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Deadline for copy is 1 p.m. Friday for the following Friday's issue. Copy <u>must</u> be typed, double-spaced 12-point type, 400 - 600 words in length, and emailed to hickam.kukini@hickam.af.mil.

### Crisis Response Lines

Hickam Family Support Center 449-0300

Life Skills Support Center 449-0175

Law Enforcement Desk 449-6373

> Base Chaplain 449-1754

Military Family Abuse Shelter 533-7125





Photo by Tech. Sgt, Mark Munsey

## Serious 'fun and games'

Senior Master Sgt. Scott Fuller, 15th Security Forces Squadron first sergeant, and Wendy Pruitt, Hickam Enlisted Spouses' Council president, box up items for shipment to Team Hickam members deployed to Iraq and Afghanistan during Operation Fun and Games Oct. 15. The HESC donated or collected 35 DVDs along with popcorn, snacks and candy. In addition, members of Team Hickam and Airman's Attic donated close to 50 videos and several boxes of books. The next HESC meeting is scheduled for Tuesday at 6:30 p.m. at the Tradewinds Enlisted Club. For more information, contact Wendy Pruitt at 422-4198 or visit the HESC Web site at www.orgsites.com/hi/hesc.

## Trick or treat

# Halloween safety volunteers sought

By Mr. Jim Hammonds

15th Airlift Wing Ground Safety chief

Once again the 15th Airlift Wing Safety Office is soliciting volunteers to serve on the base Halloween safety patrol to help ensure every Team Hickam family has a safe and enjoyable trick or treat experience.

The base Halloween safety patrol was created several years ago to help augment 15th Security Force Squadron patrol capabilities.

During the years, patrol participants said they had an enjoyable evening and contributed to a safe evening for base keiki, according to Lt. Col. Jeff Spear, 15th AW Safety chief.

Unfortunately, volunteer numbers are way down this year, and the safety office welcomes any energetic and enthusiastic base members over the age of 16 to join the cause. Any adult is welcome to participate, whether they reside in the housing area or in the dormitories, married or single.

The patrol will meet in the Burger King parking lot at 5 p.m. Oct. 31. Safety representatives will be give a brief on expectations and assign each patrol member an area within the housing areas. Volunteers may request a specific area which is convenient for them.

Volunteers are asked to bring a flashlight or glow stick and a cell phone. By remaining in assigned areas at specific intersections from 6 to 8:00 p.m., patrol members will help trick-or-treaters remain safe and be able to call on their cell phones for additional assistance if

Patrollers may come dressed in casual attire or in costumes as long as the costumes will not interfere with their ability to observe all traffic and pedestrians and won't frighten little keiki.

Those wishing to volunteer should contact the base safety office at 449-SAFE (449-7233).



Check out the **Hickam Kukini** on-line at

www2.hickam.af.mil/wingpa/news.html

# **Hickam celebrates** Red Ribbon Week

By Senior Airman Sarah Clark 15th Airlift Wing Public Affairs

The 15th Airlift Wing's Drug Demand Reduction Program and Alcohol Drug Abuse Prevention and Treatment Program is sponsoring several Red Ribbon events to next week.

This year's theme is "Drug Free – I have the power"

Red Ribbon Week is a national observance held annually to raise public awareness of the affect drugs can have on families and communities.

Events scheduled include drug free rally at Mokulele Elementary, a canned good drive for the needy of Hawaii at Radford High School, story time at the base library and treats for tots on the family support center lanai.

"Community involvement and participation in events like the Red Ribbon celebrations are so important," said Tech. Sgt. Arden Hunt, ADAPT noncommissioned officer in charge. "We all need to do our part to help educate our children about drugs and the negative impact they have on us individually and collectively.

"Drug use has penetrated younger circles of our society and we need to equip our children, both old and young alike, to choose healthy alternatives to using substances including under-age drinking, and smoking tobacco," she continued.

In 1985, DEA Agent Enrique Camarena was kidnapped and killed by traffickers while working undercover Guadalajara, Mexico.

Shortly after his death, citizens of his hometown of Calexico, California began to wear red ribbons to honor and commemorate his sacrifice. The anti-drug message spread rapidly and in 1988 the National Family Partnership adopted the Red Ribbon Campaign as a nationwide celebration.

The Department Defense began participating in Red Ribbon Week in 1990 in an effort to reduce drug use among its members and their families, said Patsy Torres, 15th Medical Group.

For more information about Red Ribbon Week, contact Ms. Torres at 449-

### Red Ribbon Activities

#### Saturday

10 a.m. to 1 p.m.

Opening celebration on BXtra Lanai. Balloons, giveaways, face painting, airplane making activities and anti-drug messages are planned.

2 to 4 p.m.

Sponsoring Operation Halloween at the Hickam Community Center. Children are invited to attend.

#### Monday

8:30 to 10 a.m.

Drug-free rally at Mokolele Elementary. Canned good drive at Radford High School.

#### Tuesday

8:30 to 9:30 a.m. Professionals for drug-free kids visit Mokolele Elementary.

#### Wednesday

9:30 to 10:30 a.m. Story time at the base library.

#### Thursday

10:30 to 11 a.m. Treats for Tots at the family support center lanai.

Oct. 29

3 to 6 p.m. Fall Festival at Mokolele Elementary.

# International students graduate base NCO Academy

By Senior Airman Sarah Clark 15th Airlift Wing Public Affairs

The walk across the stage to receive their non-commissioned officer academy certificate today culminated a much longer journey for two graduates than the other 40 class attendees.

Master Sgt. Saravanan, from the Republic of Singapore Air Force, and Tech. Sgt. Angelito Postilos from the Phillipine Air Force, both graduate along with members of the United States Air Force

It is the first class to include international students.

The two got selected for this new program through two different means.

One of eight candidates from his country, Sergeant Postilos was chosen due to superior results on an admissions exam and because he was the senior ranking candidate.

Sergeant Saravanan, who went in front of a selection board for NCOA, said the opportunity suited his needs perfectly.

"I always want to improve academically."

The experiences gained from this course have been different for each student.

"I've learned many things and will apply all that I've learned," said Sergeant Postilos. "It's been a very nice experience.

'The level of participation is different here," said Sergeant Saravanan. "We don't do group studies in Singapore. [Group studies] helps reinforce what I know and gain a lot of knowledge from other students."

Unlike Sergeant Saravanan, Sergeant Postilos hasn't had any type of education outside of the Phillipines.

"In my 22 years of service (in the PAF), this is the first time I've had schooling outside the Phillipines," he said. "This has been an unforgettable experience.

So, how was it working with American military members?

They didn't treat us differently," said Sergeant Saravanan. "They treated us like one of them. We don't drill in Singapore, so I had a tough time. They helped me learn to drill and now I am very comfortable with it.'

It was also a new experience for students and instructors.

"The students love having them in class," said Tech. Sgt. Todd Joiner, Hickam NCOA instructor. "They're part of the team."

The plan for this program is to have one class each year open to international students.



Photo by Senior Airman Sarah Clark

Tech. Sgt. Angelito Postilos, Phillipine Air Force, leads his flight in a drill evaluation Tuesday. Sergeant Postilos and Master Sgt. Saravanan, Republic of Singapore Air Force, attended Hickam's Noncommissioned Officer Academy. They are the first ever international students to graduate from the academy.

Along with the two international students, 40 U.S. Air Force noncommissioned officers graduated from Hickam's NCO Academy Thursday.

Tech. Sgt. Jerald Turley, 735th Air Mobility Squadron, earned the John L. Levitow award while Tech. Sgt. Eric Sutton, 15th Medical Support Squadron was awarded the academic achievement award.

Tech. Sgt. Gayle Luchauer, 715th Air Mobility Squadron the Commandant's Award and was named a distinguished graduate along with Sergeant Sutton and Tech. Sgt. Thomas Lenig, Pacific Air Forces.

The other graduates were the following technical sergeants:

**Pacific Air Forces** 

John Canter Jeffrey Melanson Marc McAlister Billie Williams

Timothy Rhodes Adam Cruz James King 15th Airlift Wing Mark Solis 15th Aircraft Maintenance **Squadron** Todd Hardin 15th Civil Engineer Squadron David Dawkins 15th Communications Squadron Donald Gladney Marlon Daniels Charles Salisbury 15th Security Forces Squadron

Ricardo Prater 15th Services Squadron John Phillips

324th Intelligence Squadron Jason Twing 352nd Intelligence Operations

**Squadron** Craig Mount 65th Airlift Squadron Leslie Schneider

Michael Thalleen 502nd Air Operations Squadron James Thomas

**56th Information Warfare** 

**Flight** Gary Nemeth

692nd Information Operations Squadron Sean Hollinger

Shelley Mohedano

735th Air Mobility Squadron George Freeman

Kim Mitchell Other units

Christopher Holdsworth

Israel Cruzcolon Carrie Baker Scott Robinson Jennifer Breton Paul Kennan Terrone Sheffey George Gratti Andrew McBride Rhodora Torres Jason Wieringa

# Learn to drive in traffic circles

By Jim Hammonds 15th Airlift Wing chief of ground safety and Dennis Yee

15th Civil Engineer Squadron base traffic engineer

Traffic circles, when all drivers follow the correct driving rules, are an efficient method of moving traffic through intersections, especially when there are more than two intersecting roads.

Many people at Hickam may be unfamiliar with traffic circles and how to properly drive through them. There are a few circles on Hickam and members need to know how to properly drive through them in order to avoid accidents and tickets.

There are a few basic things to remember in order to drive through them safely.

- Any traffic already in the traffic circle has the right-of-way. Drivers attempting to enter the traffic circle from one of the "spokes" should not proceed until it is clear.
- All traffic circles on base are designed for traffic flow in a counter-clockwise direction. An easy way to remember where you are supposed to be is to make sure the center island of the traffic circle remains to the driver's left.
- Drivers should signal their intentions with their turn signals. This allows other motorists to have a general idea of where the driver plans to drive.
- There are no "short cuts" allowed while driving through traffic circles. It is the same thing as driving the wrong way on a one-way street.

In the coming months, when the construction project on Atterbury Circle is complete, knowing how to legally drive through traffic circles will be helpful for all motorists on Hickam.

For more information, contact the safety office at 449-7233.







# **Bulk items**

# People can dispose of trash on their own

By 1st Lt. Kim Hubbard 15th Civil Engineer Squadron

Hawaii offers several ways to get rid of things like old tires, appliances and much more.

Nine locations around the island of Oahu are available for residents to dispose of their household trash for free. At each location, containers are available for the separate collection of different types of materials. Combustible items are processed at H-POWER; non-combustibles are taken to the landfill; yard waste is hauled to mulching and composting sites and large appliances, tires and auto batteries are taken to recycling facilities.

For people who don't have a way to get their bulky items to the collection locations and don't live on base, Hawaii offers free bulky item pickup. Bulky items include furniture, mattresses, bed frames, box springs, rolled up and fastened carpeting, appliances and large branches cut to three-feet lengths.

On-base residents can dispose of their bulky items by leaving them out for bulk trash pick up at curbside each Friday. Items should not be placed on the curb before 8 p.m. Thursday.

It is important for members to take care of the environment. One way for all of us to take care of Hawaii and our earth is to recycle and dispose of our used materials properly.

For more information about the collection centers, see the information box on this page or visit www.opala.org/index.html.



Photo by 2nd Lt. Steven Vick

Contractors pick up bulk items in Hickam housing. Housing residents can put bulk items on the curb after 8 p.m. Thursday and it will be picked up Friday.

## **Hawaii Convenience Centers**

Ewa Convenience Center - Geiger Road, near gate to Barbers Point Naval Air Station; 226-2996; 7 a.m. to 6 p.m. daily.

Kawailoa Transfer Station - Kawailoa Road, Haleiwa; 637-5511; 7 a.m. to 6 p.m. daily.

**Kapaa Transfer Station –** Kapaa Quarry Access Road; 262-4248; 10 a.m. to 4:30 p.m. Monday

through Friday, 7 a.m. to 4:30 p.m. Saturday and Sunday.

**Keehi Transfer Station** – 606 Middle Street; 845-1162; noon to 6 p.m. Monday through Saturday.

Laie Convenience Center - Behind the city's Laie Corporation Yard; 293-8714; 7 a.m. to 6 p.m. daily.

Wahiawa Convenience Center – 71-129 Wilikina Dr.; 621-3648; 7 a.m. to 6 p.m. daily.

Waianae Convenience Center - Off Plantaion Road next to the Waianae Landfill; 696-4203; 7 a.m. to 6 p.m. daily.

Waimanalo Convenience Center - Hihimany Street near sewage treatment plant; 2597182; 7 a.m. to 6 p.m. daily.

Waipahu Convenience Center – Waipahu Depot Road near the Honolulu Police Academy; 676-8878; 7 a.m. to 6 p.m. daily.

Waimanalo Gulch Sanitary Landfill (disposal only, no recycling options available) – 92-460 Farrington Hwy.; 668-2985; 7 a.m. to 4:30 p.m. daily.

**HICKAM KUKINI** 12 Oct. 22, 2004

# This old joint

# Why knee pain may be affecting your game

Snap, crackle and pop! Good sounds for a breakfast cereal, bad noises if caused by knee movement.

Many Team Hickam members share a very common knee pain complaint called patellofemoral pain syndrome, according to Capt. Kendra Warner, 15th Medical Group physical therapist.

In layman's terms, PPS involves the relationship between the knee cap and thigh bone, Captain Warner said. If PPS develops, the relationship between these two bones changes and ultimately the knee is sore, achy, crackly etc. and often times the knee may feel weak and stiff.

The symptoms start off as an ache and usually are not the brought on by trauma, she said.

"The most frustrating thing I have found is their knee doesn't 'look' injured," said Capt Warner. There is typically no bruising, no swelling and no significant history of trauma etc. The results of xrays and other imaging studies (such as an MRI) are typically negative.

"It's soreness that gradually gets worse over time," Capt. Warner said

There are many theories why PFPS develops. According to the American Physical Therapy Association Web site, proper training, when starting a new sport such as running, is key. Many folks begin training for an event too fast too soon without allowing for training time. Proper stretching, ensuring you have warmed up for at least 10 minutes prior to running or playing sports, is also very important.

Cross training or varying your exercise routine is helpful in preventing knee pain.

Proper shoe wear is critical in preventing knee pain. There are three basic foot types, each with their own special shoe requirements.

If knee pain is interfering with your physical training, seek medical attention. Primary care managers are available by calling 448-6000.

The 15th MDG offers a running and injury prevention class at the Health and Wellness Center. For more information contact the HAWC at 448-6180. (Information courtesy of the 15th Medical Group Physical Therapy Clinic)





Hawaii Chief's Group Activities – The Hawaii Chief's Group is hosting a repatriation ceremony today at 9 a.m. at Base Operations on the flight line. The next Hawaii Chief's Group meeting is scheduled for Thursday at 3 p.m. in the Tradewinds Enlisted Club. For more information, contact Chief Master Sgt. Mike Stephenson at 477-3181 or Chief Master Sgt. John Galliano at 448-1479

Next Level – 'Next Level' is sponsoring a guided hike Saturday at 8:30 a.m. The 1.4 mile hike (one-way) heads uphill into the foot of the Koolau cliffs. Also, there is a mystery dinner theater planned for Oct. 29 at 6 p.m. in the community center. 'Next Level' is a chapel sponsored strategy dedicated to enriching the spiritual health of Hickam Airmen through positive relationships, ethical decision making and meaningful activities. People interested in attending can call the chapel at 449-6562, extension 201.

**Leave accrual** – Members who lost leave in Fiscal Year 2004 due to deployment to or support of a contingency operation, may be eligible for special leave accrual. If authorized

SLA, all or some of the lost leave may be restored and the member would have until the end of Fiscal Year 2005 to use it. For more information, contact your unit commander's support staff. All packages must be submitted by Monday.

Assignment team - The Air Education and Training Command Special Duty Assignment Team is scheduled to arrive here Oct. 29. The team will give a briefing on military training instructor, recruiter and other AETC special duties at 10 a.m. in the 15th Airlift Wing conference room. Airmen first class with at least 24 months time in service through master sergeants with less than 17 years total active federal military service are invited to attend this briefing. Many incentives are offered individuals accepted for these duties, such as choice of assignment location and special duty assignment pay, up to \$450 monthly. Applications will be accepted on the spot. To obtain a copy of the AETC Special Duty Application, call Master Sgt. Glenn Taijeron at 448-

**Golf tournament** – The inaugural Mission Support Squadron Golf Tournament is scheduled for Nov. 5 at Mamala Bay. Check-in is 8 a.m., followed by a shotgun start at 9 a.m. The tournament will consist of 36 four-person teams with a best ball format Cost is \$60 for O-4/GS-9 and above; \$50 for E-5-E-9 and 01-O3 and GS-4-GS-8; \$40 for E-1-E-4 and GS-1-GS-3. Activities and prizes include: free lunch, mulligans and putting string for purchase, longest drive and closest to pin, and top three and worst overall scores.

Sign-up and pay by Nov. 1. For more information or to sign up, contact 1st Lt. William Lominack at 449-0673 or Mr. Derek Salis at 449-0687.

**Black and white ball –** The Daniel "Chappie" James Jr. Prince

Hall Masonic Lodge is hosting a black and white ball Nov. 5 in the Hickam Enlisted Club at 6 p.m. The event is open to everyone. Attire is formal/semiformal. Tickets cost \$25 per person. To order tickets, call Vince at 368-2293 or Mike at 392-2348.

**Arbor Day** – Volunteers are needed to plant 58 trees and palms Nov. 5 at 9 a.m. at the intersection of B Street and Hangar Ave. For more information, contact Kimberly Williams at 448-3338

Craft fair – Hickam's 29th Annual Fall Craft Fair is scheduled for Nov. 6 from 9 a.m. to 3 p.m. People interested in taking part in the fair can rent a booth for \$65. Artists can pair up and share a booth for \$85. All items must be handcrafted by the seller and are screened at registration continuing until the day before the fair. Civilian vendors, or those without base access, can register by mail. To have a registration application mailed to you, contact Donna Sommer at 449-1568 ext. 106 or email donna.sommer@hickam.af.mil.

Cookie caper — Volunteers are needed to help the close to 700 Team-Hickam dorm residents get a taste of home during the holiday season. Every year, volunteers come together to bake holiday cookies for Airmen in the dorms. The cookies can be dropped off at the Daedalian Room in the officers' club on Dec. 6 from 6:30 to 9 a.m. Volunteers are also needed to wrap the cookie care packages. For more infor-

mation, contact Claire Morgan at 422-2147 or Connie Settergren at 674-0444.

Position available – The Hickam Family Support Center is seeking a Family Readiness noncommissioned officer in the grade of technical sergeant. The report date is March 1, 2005. People interested in applying for this position, should advise their supervisor/commander. If they are releasable, email Senior Master Sgt. Helen Noel at helen.noel@hickam.af. mil or contact her at 449-0300.

Spouses to teachers – The Department of Defense has tasked the Defense Activity Non-traditional Education Services to develop and manage a new pilot program to help spouses begin careers as teachers. The new program began recently in California, Colorado, Florida, Georgia, Texas and Virginia. Eligible spouses include spouses of active duty members, selected Reserve and National Guard and Individual Ready Reserve members recalled to active duty. For more information, visit the Web site at www.spousestoteachers.org or call 1-800-452-6619.

University of Oklahoma – The University of Oklahoma offers a master of arts in managerial economics and a master of public administration. The non-thesis programs can be complete in about 18 months. For more information, contact the OU office at 449-6364 or visit their Web site at www.goou.ou.edu.



# Check out the Hickam Kukini on-line at

www2.hickam.af.mil/wingpa/news.html

# Around the Air Force



**Editor's Note:** For the complete stories and more go to Air Force news at http://www.af.mil.

# New law sinks 'check floating' practice

RANDOLPH AIR FORCE BASE, Texas (AFPN) – The practice of "floating" a check until payday will become a thing of the past Thursday when the new federal Check Clearing for the 21st Century Act, also known as Check 21, goes into effect.

"Check floating" occurs when people write checks a few days before payday, figuring that by the time their checks hit the bank, there will be money in the accounts to cover them.

With Check 21, money will be withdrawn immediately from a person's account when he or she writes a check.

The new federal law is designed to help banks efficiently process more checks electronically. This means that debits to a person's checking account will occur in minutes, not days.

Paper checks as record-keeping devices will also become a thing of the past. Instead, banks will replace canceled checks with substitute checks --paper copies of electronic images of a person's original check. Consumers must have a substitute check to exercise all of their rights under Check 21 for the recrediting of their account in the event of a transactional error.

The potential effect on consumers is simple. Unwary consumers will be more likely to bounce checks because of the enhanced speed and efficiency of check processing.

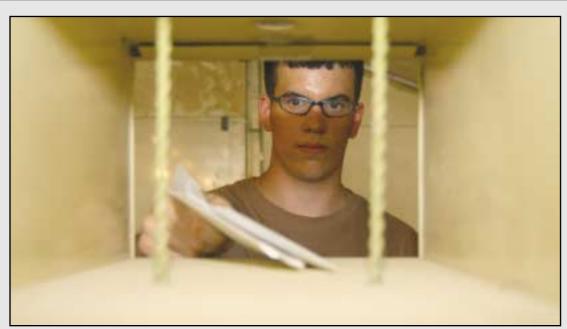
For more information about Check 21, visit the Consumers Union or the Federal Reserve Web sites. You can also contact a legal assistance attorney at the base legal office. (Story by Capt. Charles Warren, 12th Flying Training Wing Legal)

# Active-duty, Reservists combine forces in Afghan sky

BAGRAM AIR BASE, Afghanistan (AFPN) – In the Afghanistan sky, the 81st Expeditionary Fighter Squadron has a "rainbow" effect. Air Force Reserve and active-duty pilots have teamed together for an air and space expeditionary force deployment here to protect U.S. and coalition people from attackers whose aim is to disrupt the national presidential elections and to prevent infrastructure improvements.

Fulfilling such missions requires 24-hour operations and live munitions, but pilots and operations support Airmen said that is the only difference between serving here and at their home stations.

"We train like we fight, so we're ready for contingencies like this," said Capt. Travis, an 81st EFS pilot deployed from Spangdahlem Air Base, Germany. The last names of pilots are omitted for security reasons.



### **Building morale**

Air Force Photo by Staff Sat. Ryan Hansen

BALAD AIR BASE, Iraq -- Airman Ryan Goldberg puts mail away at the postal facility. He is one of three full-time postal employees here. Airman Goldberg is a postal augmentee with the 332nd Expeditionary Communications Squadron and is from Eglin Air Force Base, Fla.

Throughout the year, Spangdahlem AB pilots practice aerial tactics and communications skills at NATO and joint-service exercises, which prepare the active-duty Airmen for sister-service and coalition force teams. Air Force reservists also practice in such exercises, and some serve as full-time reservists or pilots in their civilian jobs, ensuring there is plenty of experience sitting in the A-10 Thunderbolt II cockpits.

"The reservist and active-duty mix here has well exceeded my expectations," said Lt. Col. John, 81st EFS commander deployed from Spangdahlem AB. "Once we all got here, we went straight to work. Here we support a lot of customers at the table, working mostly with the Army, escorting convoys and providing Afghan presidential escort, and defending the troops as needed."

When pilots pair up here to head out for a sortie, the only factor taken in consideration is experience, said Lt. Col. Ozzie, 81st EFS deputy operations officer from Naval Air Station Joint Reserve Base New Orleans. Often it is a more experienced active-duty or Reserve pilot with another pilot who needs more time in the seat to increase his qualifications. Sometimes it is an experienced flight lead with a newer wingman or the other way around.

"I am extremely impressed with the way the two squadrons have melded in both operations and maintenance," he said. "It is impossible to tell which unit a person is from unless you ask them." (Story by Staff Sgt. Jennifer Lindsey, 455th Expeditionary Operations Group Public Affairs)

# Internet coupons stretch commissary customers' savings

FORT LEE, Va. (AFPN) – Commissary shoppers are among the top coupon clippers in the world, but the "clipping" part may someday be history. The Defense Commissary Agency is helping customers increase their savings by making Internet coupon links available on the agency's Web site.

"Although we sell groceries at cost, we are always seeking new resources to help our customers increase their savings," said Patrick Nixon, the agency's chief executive officer. "As the trend toward Internet coupons grows, this section of our Web site will continue to grow as well."

Along with top Web sites for military grocery coupons, the new section has a link to a new site that offers a choice of English or Spanish. For customers who prefer more traditional coupons, another link offers commissary shoppers the opportunity to sign up for coupons by mail.

According to a 2003 marketing report, military commissaries are among the top five retailers redeeming grocery coupons. The most common coupons offered are free-standing inserts typically found inserted in newspapers or made available at the commissary. But the use of Internet coupons has grown substantially, with redemption rates rivaling the inserts.

Commissaries, as well as other grocery retailers, stopped accepting home-printed coupons in September 2003 because of instances of fraud, but despite the industry ban, consumer use of Internet coupons flourished in general.

All 273 commissaries worldwide now accept computer-generated Internet coupons if they have a bar code for scanning purposes, and the coupons do not offer free products. (Story by Bonnie Powell, Defense Commissary Agency)

#### Airmen complete Triathlon

**SAN ANTONIO** (**AFPN**) – Four Airmen traveled to Hawaii to join 1,724 other athletes competing in the Ironman Triathlon World Championships. All four completed the endurance race that began and ended at Kailua-Kona, Hawaii, by swimming 2.4 miles, bicycling 112 miles and running 26.2 miles.

Maj. Geoff Cleveland from Luke Air Force Base, Ariz., was the top Air Force finisher. He came in 305th overall with a time of 10 hours, 39 minutes and 32 seconds. Capt. Dave Walick from Lackland AFB, Texas, finished in 481st place at 10:59:22; Capt. Steve Goodman from Hurlburt Field, Fla., finished in 689th place at 11:28:20; and Capt. Cami Stock from the U.S. Air Force Academy, Colo., finished in 1,072nd place at 12:30:19

The triathlon winner was Normann Stadler of Mannheim, Germany, who finished at 8:33:29. The top women's finisher was Nina Kraft of Braunschwieg, Germany. She came in 37th overall at 9:33:25. (Information courtesy of Air Force News Service)



Haleigh Oneill, 8, enjoys the bungy trampoline Saturday.



By Tech. Sgt. Mark Munsey Kukini Editor

Creatures of the night were in full effect over the weekend at Bellows. Giant yellow ducks carried unsuspecting revelers into the dark abyss. Ghosts, ghouls and goblins vied for eerie appearance supremacy.

All in all, another successful Boofest, where more than 1,500 Team Hickam members were treated to thrills, spills and chills in a family-friendly environment, according to Capt. Nate Chine, Det.1, 15th Mission Support Group commander.

Boo Fest is a great way to give back to the community, Captain Chine said. We spent almost \$25,000 to make this a moderately priced ticket for five major attractions.

New this year was the rock climbing wall and the bungee trampoline. Event favorites continue to be the Duck of Doom and the keiki costume contest.

There was even a grand prize winner. Staff Sgt. Francisca Avila, 735th Airlift Mobility Squadron, was rewarded for purchasing presale tickets. Her name was drawn for a two-night stay at the Kilauea Military Camp on the Big Island, including round trip airfare for two.

An event of this size does not happen without a ton of behind the scenes help, according to Kelly Tar, Bellows Marketing director.

Everyone from the volunteers to the security force team to the civil engineers members who put in the extra hours are the people that make this event a success, she said. Much 'Mahalo' and we look forward to an even bigger Boo Fest next year.

Photos by Mysti Bicoy





Deserre Warren, 7, receives most original costume prize as Catwoman from emcee Tech. Sgt. Drew Leonhard.

# Clifford The Big Red Dog

And the rest of the Public Broadcasting System Kids Share a Story team visit with Hickam keiki Photos by Mike Dey







Jacob Ormond, 3, shakes paws with Clifford the Big Red Dog.



Cynthia Ramos helps (I) Aldrik Ramos, 4, and Riley Thebeau complete Clifford workbook activities at one of the many stations Oct. 15.



## Monster Movie Fest

Get ready for Halloween with a Monster Movie Fest at the Teen Center tonight (Oct. 22)! Stop by from 7-9 p.m. for an especially spooky movie on the big screen. Free popcorn will be provided.

## Pre-Teen Halloween Festival

Hickam Youth Programs presents an evening of monster movies, Halloween costume contest, dance contest, games, food & drinks and a howling good time from 3 to 6 p.m. tonight (Oct. 22) at the Youth Center.

Cost is just \$3 per person at the door.

# The Haunted House

Oct. 28, 29, 30 - Experience the chills and thrills of a spooky maze maze of horrors at the Teen Center. You'll be scared out of your pants and want to come back for more.

The House is open from 6:30 to 9:30 each night. Contact the Hickam Teen Center at 449-2233 for more information.

## Ghoul-A-Grams

The Hickam Community Center ghouls and goblins will deliver a pumpkin full of tricks and treats to that special someone on Friday, Oct. 29 from 9 a.m. to 1 p.m. anywhere on Hickam AFB. Call 449-3354 to set up delivery.

## Great Pumpkin Carve

Get your pumpkin ready for Halloween at the Youth Center on Wednesday, Oct. 27 from 4:30 to 7 p.m. as our Master Carver shows you how to create a monster or a masterpiece! Designs and tools are provided to bring out the ghoul in you! Cost \$10.

# Haunted House Search

Get your Halloween costumes on and get ready for a spooky night of haunted houses as the Teen Center takes a tour of Honolulu in search of the best in haunted houses tomorrow night (Oct. 23) from 6-9 p.m. Cost is \$5 per person for transportation plus entry fees into the Honolulu Haunted Houses.

## Halloween Madness

Kidsports presents its monthly Parents
Night Out event "Halloween Madness'
tonight (Oct. 22) from 6-11 p.m. at
Kidsports. Children 5-12 years old can
enjoy scary movies, Halloween games
and dinner and if they come dressed in
their costume, they'll get a treat.
Meanwhile, Mom and Dad get a night off!

# Take the Pumpkin Plunge

The Outdoor Recreation is hosting Pumpkin Plunge at Pool #2 on Saturday, Oct. 30. Enjoy a day of activities and swim with the pumpkins. Similar to an egg hunt, but this time kids hunt pumpkins in the water. Ages 1-3 start at 10 a.m. in the baby pool; ages 4-6 go at 10:30; 7-9 at 11 a.m. and 10+ begin searching at 11:30. Entrance fee is \$2 per person with the doors opening at 9:30.

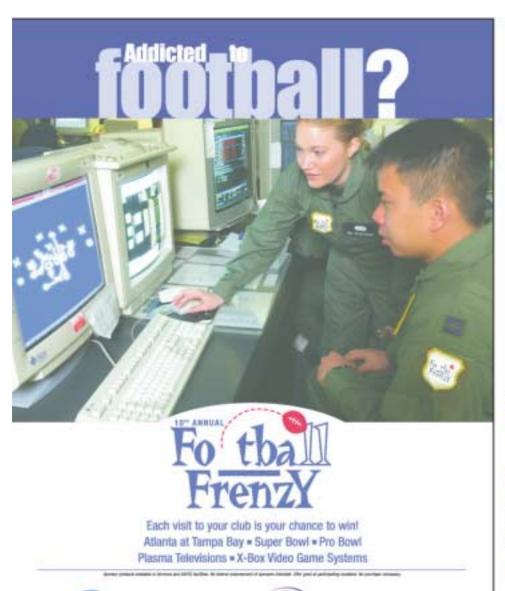
## Goblin Trolley

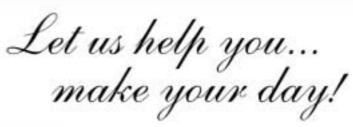
## Base Tour

CC

Creep through the neighborhood on Saturday,
October 30 on the Goblin Trolley as it offers 'treats' to
the community. Wear your costume and celebrate early
as part of the Goblin crew. This is fun with a bang and
costs just \$5 per person. The Trolley leaves the ITT
Office on Kuntz Avenue at 3:45 p.m. Kids should be
ready to catch candy treats thrown throughout the
journey. Sign up to ride by calling 449-2230.









We have the places, the people and the cuisine to make your event special. Choose from the Hickam Enlisted Club, the historic Officers' Club and the picturesque Sea Breeze Restaurant.

WEDDINGS • PROMOTIONS • REUNIONS BIRTHDAYS • GRADUATIONS • HAIL & FAREWELLS

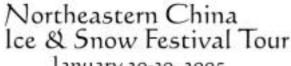
Enlisted Club - 449-1292, x22

Officers' Club - 448-4608, x16

Sea Breeze - 449-9900

## Interested in becoming a Child Care Provider?

Applicants must be base residents, 18 yrs old, be a high school grad, able to read and write English and pass a security check. A pre-licensing briefing is held on the first Thursday of each month from 5-6 p.m. at the Family Child Care Office located adjacent to the Auto Resale Lot in Bldg. 2116. Call FCC at 449-1879 for information. Persons caring for other families' children a total of 10 hours or more per week on base must be licensed.



January 20-30, 2005

Travel with your Hickam ITT tour guide to six exciting Chinese cities. See the spectacular glowing ice sculptures in Harbin and attend the Flying Dragon Feast. This is truly a once-in-a-lifetime tour.



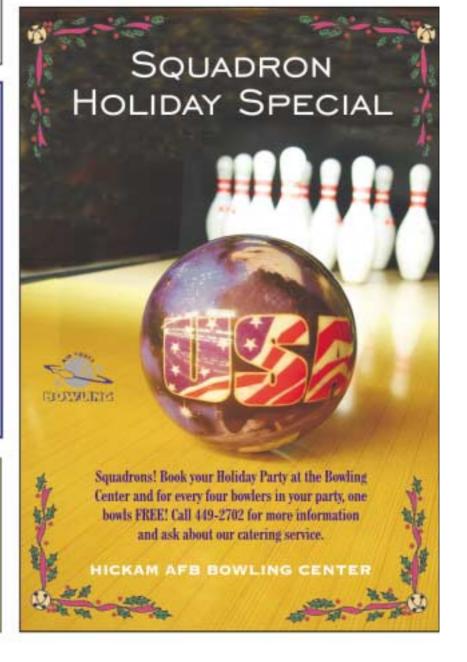
double occupancy

Call 423-0275 for information.











# Crossword puzzle: Happy Birthday, U.S. Navy

By 1st Lt. Tony Wickman

Alaskan Command Public Affairs

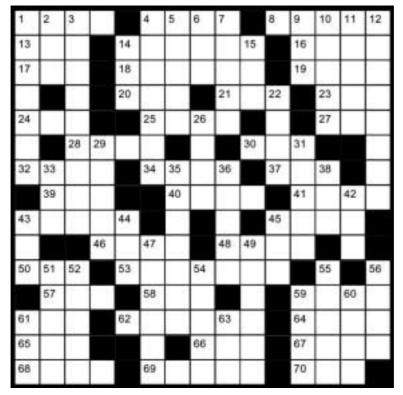
#### ACROSS

- 1. Amphibian
- 4. Bathroom on Navy ship
- 8. Reef, sandbar, or shoal
- 13. Sphere
- 14. Bank robbery?
- 16. Continent
- 17. Duty status of some military personnel
- 18. Navy P-3s
- 19. Former Russian ruler
- 20. Terminate
- 21. What sailor does in mess
- 23. Make mistake
- 24. Burn residue
- 25. Snakelike fish
- 27. Fed. organization concerned with national security
- 28. Part of old Navy sailing ships
- 30. On ship, to rear
- 32. Toboggan
- 34. Navy vessel
- 37. Small amount or degree
- 39. Conjunction
- 40. A Guthrie
- 41. Type of moss
- 43. Crib sheets
- 45. On ship, place to steer ship
- 46. On ship, a level
- 48. Fish
- 50. Knight's address
- 53. Warm air, rising
- 57. Space
- 58. Affirmative expression from sailor
- 59. To tease (someone) good-humoredly
- 61. Model Carol
- 62. Actress Blethyn
- 64. Norway capital

- 65. Mil. orders that govern action with
- 66. Commander's area of concern, in brief
- 67. UH-1 helicopter, informally
- 68. Maximum
- 69. Dinner starter?
- 70. Compass dir.

#### **DOWN**

- 1. Navy F-14s
- 2. USAF inspection
- 3. Shame
- 4. Navy F-18s
- 5. To omit or slur over
- 6. Bother
- 7. Desert windrows 9. Head covering
- 10. German city
- 11. Fibbers
- 12. Civil War hero Admiral David G. 14. Garden tool
- 15. Helpful commercial, in brief
- 22. 27th president
- 26. Den
- 29. Computed
- 31. Dubbed
- 33. Member of people inhabiting Mekong
- River area 35. Navy E-2
- 36. Material forming cells or tissue
- 38. Marina \_\_ Rey
- 42. Guitar player need
- 43. Navy equivalent to AFB
- 45. 2001: A Space Odyssey computer
- 47. Necessities to steer ship
- 49. U.S. Navy hero Oliver
- 51. Alaska home?
- 52. Navy equivalents to AFSCs



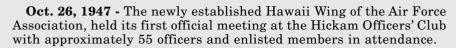
- 54. Relating to or in region of kidneys
- 55. Petty officer in charge of ship's crew, anchors and cables
- 56. On ship, call to another ship?
- 59. U.S. Navy hero \_\_\_ Paul Jones
- 60. Dispatched
- 61. Appendage
- 63. Morgue status?

#### See Page 27 for SOLUTIONS

Oct. 26, 1990 - The 15th ABW Family Support

Center held its first briefing for members deploying in support of Operation Desert Shield and

**Team Hickam History** The Air Force's most historic airfield



Oct. 24, 1951 - The 1283rd Air Transport Squadron was assigned to the 1500th Air Base Group at Hickam.

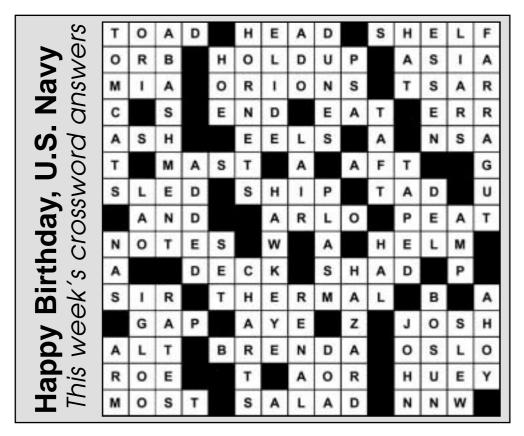


Desert Storm. The FSC provided the briefing for deploying members of the 15th Security Forces Squadron and the families. Oct. 23 - Nov. 3, 2000 - The 15th Air Base Wing sent 75 Airmen to par-

ticipate in Foal Eagle 2000.

Oct. 23, 2003 - President George W. Bush landed at Hickam, his first visit to the base as Commander in Chief.

27 **HICKAM KUKINI** Oct. 22, 2004



## Chapel

Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

#### **Protestant**

 $Nelles\ Chapel$ 

Sunday contemporary service – 8:30 a.m.

Sunday Gospel Worship -11:15 a.m.

Sunday Praise Gathering -5:30 p.m.

Chapel Center

Sunday traditional - 8:30

#### **Jewish**

Aloha Jewish Chapel, Pearl Harbor - 473-0050

Jewish Lay Leader - Mr. David Bender – 527-5877 Naval Station Chapel - 473-

#### Catholic

Nelles Chapel

Weekday Mass – 11:30 a.m. Saturday confessions – 4:15

Saturday Mass – 5 p.m. Chapel Center Sunday Mass – 10 a.m.

#### Orthodox

For more information, call 438-6687.

#### Islamic

Friday congregational ser-ce (1935 Aleo Place, vice Punahou) - 1 p.m.

Muslim Association Hawaii, 947-6263.

#### **Buddhist**

Honpa Hongwanji Hawaii Betsuin A Shin Buddhist Temple -536-7044.

## At the Movies

Today, Saturday and Sunday - 7 p.m.

"Cellular" - A thread of data may be the only thing that can save a woman and her family in this thriller. Jessica is kidnapped by a vicious criminal who has threatened to murder her husband and son if he doesn't get what he wants. Rated PG-13 (violence, terror situations, language and some sexual references).

Saturday and Sunday - 2 p.m.
"Napoleon Dynamite" - The story centers on the local high school's race for class president. Using some nontraditional means, Napoleon is determined to help his pal Pedro to run a winning campaign and defeat a popular girl, Summer. Rated PG (thematic elements and language).



When it comes to base championships, it's HIANG again

# Services got served

**By Tech. Sgt. Mark Munsey** Kukini Editor

The theory of Hickam intramural softball supremacy is pretty simple in concept, infinitely more difficult in execution. To beat the Borg-equivalent that is the Hawaii Air National Guard, all you need to do is perfectly execute one plan: score early and score often.

During Tuesday's coed championship, 15th Services Squadron completed the former but not the latter, eventually falling to HIANG 9-5.

The record will forever reflect SVS was throwing a shutout, leading 2-0.

Good times.

Until the second inning.

HIANG leadoff hitter John Fukumoto stroked a single to center. A flyout and strikeout later, he was still standing on first with two dead when Emily Aguilar also laced a single.

Lance Watanabe crushed a ball to dead center, clearing the bases with an inside-the-park home run before the relay made it back to the infield.

HIANG over SVS 3-2 after two innings.

SVS went scoreless on their offensive part of the third inning.

HIANG hitter Dave Okinishi took advantage of a SVS outfielder misplay on a lost-in-the-lights deep fly ball, racing around the diamond on a four-base error and another inside-the-park homer to put HIANG up 4-2 after the third.

Toni Schmidt brought Cleo Ugalde around on a sharp single for the only SVS score of the fourth inning to temporarily draw SVS back within a run, 4-3.

HIANG benefited by some suspect SVS infield play to put runners on second and third, making a two-RBI hero of Aguilar, ending the fourth inning with HIANG doubling up SVS 6-3.

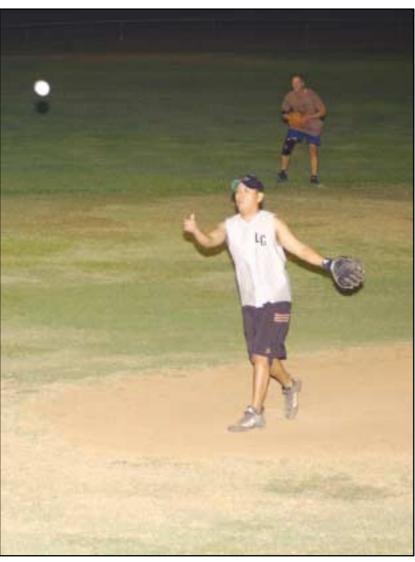
After a scoreless SVS fifth inning, timely HIANG hitting and a dubious call at home essentially ending the game.

Gina Berry slapped a single up the middle and went to second on another single by Michael Buenida.

Stephen Abear drove a ball over the head of the center fielder, bringing booth base runners around, but Abear got greedy, trying to stretch a triple to a four-bagger.

The relay arrived at the plate three steps before he did, and was called out by the umpire after a tag by the SVS catcher. But that didn't stop Abear, who went four steps outside the base path to get around the defender, and was called safe when he touched the plate. The umpire seemingly over-ruled himself, and the run counted, leaving HIANG up 9-3 after five innings.

SVS gamely scored two runs in the sixth, but could get no closer, losing 9-5 to HIANG, who've won the coed championship each of the three years the league has been in existence.



Photos by Mark Bates

15th Services Squadron pitcher Tony Weedin puts the ball in play.



15th SVS hitter BJ Bentley hits a single during third inning action at the base coed intramural championships Tuesday.